



實用句型

正面的情緒反應

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1. 我真高興/真舒坦

I'm

so happy.
so glad.
light-hearted.
ecstatic in
heaven.
walking on air.

=How glad I am!

2. 心情好/好心情

I'm

in a good mood.

in a light-hearted mood.

in high spirits.

I feel

great.

fantastic.

terrific.

會話實例

- A: I'm in a good mood all day.
(我整天心情都很好)
- B: I have a hunch that something good will happen to you.
(我有一個直覺，你有好事要發生了)

3. 他看起來很興奮

He looks

excited.
thrilled.
stimulated.

4. 哇! 太棒了!

- (1) Fantastic!
- (2) Bravo!
- (3) How wonderful!

會話實例

- A: Wow!

I made it.

I did it. (哇!我辦到了。)

- B: Fantastic! (太棒了!)

5. 不會有更棒的事了

It couldn't be better.

=Nothing could

be better.

Please me more.

小叮嚀

1. **light-hearted** 輕鬆愉快的
2. **ecstatic** 狂喜的
3. **heaven** 天堂
4. **walk on air** 在天上行走=心情至為愉快
5. **mood** 心情
- Good mood** 好心情 **bad mood** 心情不好
6. **spirits** 精神，心靈
- High spirits** 快樂，歡欣 **low spirits** 情緒低潮
7. **fantastic** 極好的
8. **terrific** 非常好的
9. **hunch** 直覺，預感
10. **thrilled** 非常興奮的
11. **stimulate** 使興奮，刺激
- Stimulated** 亢奮的
12. **bravo** 好極了
13. 廣告詞：**You can make it.** 你可以辦得到
14. **please** 使...高興，使...歡喜

6. 我真不敢相信

- It's unbelievable.
= incredible.

= I can't believe it.

= Too good to be true.

會話實例

A : Holy cow ! **I won the lottery.** (哇塞!我中獎了。)
hit the jackpot.

B : It's unbelievable. You are so lucky.
(我真不敢相信。你真是好運氣。)

A: Too good to be true. I won the first prize.
(真不敢相信。我拿了第一名。)

B: Today is **your day.**
your lucky day.
(你今天的運氣真好。)

鼓勵一下迎向光明面 1.振作一點！

- (1)Cheer up!
 - (2)Snap out of it.
 - (3)Don't be depressed.
 - (4)Take heart.
 - (5)Pull yourself together.
- 2.加油去做吧/全力以赴吧。
- (1) Go for it.
 - (2) Hang in there.

會話實例

A: Take heart! It happens.

(振作一點!這種事是常有的。)

B: Your words mean a lot to me.

(你的話對我意義匪淺。)

會話實例

- A: Cheer up. (振作一點)
- B: But I just made a hopeless mistake.
(我剛剛犯了一個無藥可救的錯誤。)

- 2.加油去做吧/全力以赴吧。
- (1) Go for it.
- (2) Hang in there.

- A: We are going to take part in contest.
(我們明天要參加比賽了。)
- B: Hang in there. (加油)

- 15. unbelievable 難以相信的
- 16. incredible 難以置信的，不可信的
- 17. holy 神聖的；cow 母牛
holy cow 聖牛 = 好神阿 = 哇塞
- 18. lottery 彩券，摸彩
- 19. jackpot 賭金
hit the jackpot 中了賭金 (hit 打中 + jackpot 賭金)
- 20. snap 抓，猛撲，猛抓；snap out of it 重新振作
→ Come on, snap out of it, you can find another job.
(快點，振作起來，你可以找到另一個工作的。)
- 21. depressed 沮喪的，消沈的
- 22. pull oneself together = 將自己放在一起放好 = 振作起來
- 23. hang 掛、吊；hang in there = 掛在那裡面吧 = 去做吧

3. 不要放棄

- (1) Don't give up.
- (2) Don't give in.
- (3) Never say die.
- (4) Stick to it.

會話實例

- **A: Stick to it. You'll be somebody.**
(堅持到底。你會成為大人物的。)
- **B: It's kind of you to say that.**
(你這麼說真是仁慈。)

會話實例

- **A: I committed a mistake. It's fate.**
(我犯了致命的錯誤。這都是命。)
- **B: No, we can do something. Stick to it.**
(不，我們可以想辦法。堅持下去。)

4. 看開一點

(1) Look on the bright side.

(2) Stay loose.

(3) Hang loose.

會話實例

A: Look on the bright side. Don't be so depressed.

(看開一點。不要這麼沮喪。)

B: Thanks for cheering me up.

(謝謝你的鼓勵。)

會話實例

A: You must persist you will triumph.

(你必須堅持你會成功的。)

B: Get real! It's so tough. (實際一點吧!它那麼棘手。)

A: Look on the bright side. You can make it.

(看開一點。你可以辦得到的。)